Report on Rakhi Bandhan Utsav Celebration Date: August 30, 2023

Organized by: Swami Vivekananda University in collaboration with NSS Unit



Introduction:

Swami Vivekananda University, in association with its NSS Unit, celebrated the joyous occasion of Rakhi Bandhan Utsav on August 30, 2023, with immense fervor and enthusiasm. The event brought together a large number of students, faculty members, and NSS volunteers to commemorate the timeless bond of love and affection shared between siblings.

Event Highlights:

Vibrant Atmosphere: The campus of Swami Vivekananda University was adorned with colorful decorations and festive ambiance, creating a vibrant atmosphere that resonated with the spirit of Rakhi Bandhan Utsav. Students and volunteers were seen dressed in traditional attire, adding to the festive charm of the occasion.

Massive Participation: The event witnessed a massive turnout, with students from various departments and NSS volunteers actively participating in the celebrations. The overwhelming response reflected the deep-rooted significance of Rakhi Bandhan Utsav and the strong sense of camaraderie within the university community.



Rakhi Distribution: As a symbol of love and protection, traditional Rakhis were distributed among students, faculty members, and NSS volunteers. The exchange of Rakhis symbolized the sacred bond between siblings and served as a gesture of goodwill and solidarity.

Community Outreach: The celebration extended beyond the university campus as NSS volunteers ventured into nearby localities to spread the joy of Rakhi Bandhan Utsav. They distributed Rakhis and sweets among residents, fostering a sense of unity and brotherhood among the wider community.



Cultural Performances: The festivities were further enhanced by captivating cultural performances, including dance, music, and skits, showcasing the rich cultural heritage of India. Students and volunteers showcased their talents, enthralling the audience and spreading joy and happiness.

Message of Unity: Through the celebration of Rakhi Bandhan Utsav, Swami Vivekananda University emphasized the values of unity, love, and respect. The occasion served as a reminder of the importance of nurturing harmonious relationships and standing by each other in times of need.



Conclusion:

The Rakhi Bandhan Utsav celebration at Swami Vivekananda University was a resounding success, uniting students, faculty, and NSS volunteers in a spirit of joy and camaraderie. The event not only celebrated the bond of love between siblings but also promoted the values of unity, compassion, and community service. As the festivities came to a close, the memories of Rakhi Bandhan Utsav lingered on, reinforcing the bonds of friendship and brotherhood that define the essence of Swami Vivekananda University.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

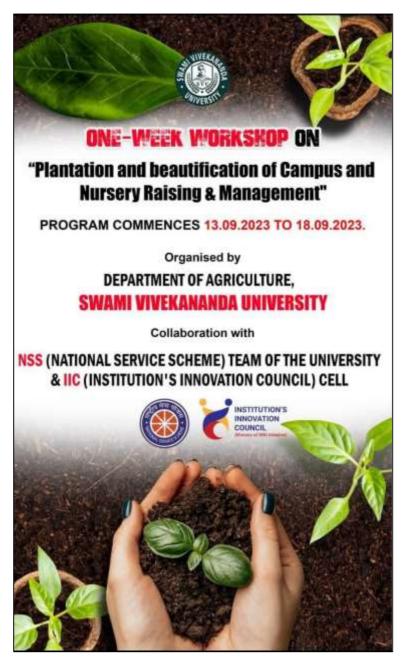
Swami Vivekananda University

Mr. Soumya Ghosh Program
Co-ordinator NSS Unit
Swami Vivekananda university

Workshop Report: Plantation and Beautification of Campus and Nursery Raising & Management

Date: 13th to 18th September 2023

Organized by: Department of Agriculture, Swami Vivekananda University in collaboration with NSS Unit and IIC (Institution's Innovations Cell)



Introduction:

The workshop on "Plantation and Beautification of Campus and Nursery Raising & Management" was conducted at Swami Vivekananda University from 13th to 18th September 2023. The workshop aimed to enhance awareness about campus beautification, nursery raising, and management practices among students, staff, and NSS volunteers.

Event Schedule:

Day 1 (13th September 2023):

12:00 PM: Inauguration by Vice-Chancellor.

1:30 PM: Session 1 - Introduction of Campus Beautification & Raising & Nursery Management.

2:30-4:30 PM: Practical Session. Day 2 (14th September 2023):

1:30 PM: Session 2 - Introduction of Plantation of Indoor and Outdoor Plants. 2:30-4:30 PM: Practical Session.

Day 3 (15th September 2023):

12:00 PM: Session 3 - Nursery Raising & Management. 2:30-4:30 PM: Practical Session.

Day 4 (16th September 2023):

12:00 PM: Session 4 - Involvement of NSS Unit in Campus Plantation & Plant Distribution.

2:30-4:30 PM: Practical Session.

Day 5 (18th September 2023):

12:00 PM: Entrepreneurship of Rural Youth through Nursery Raising & Management. 2:30

PM: Valedictory Session.

Event Highlights:

Informative Sessions: Each day of the workshop commenced with informative sessions conducted by experts in the field of agriculture and environmental science. These sessions provided participants with comprehensive knowledge about various aspects of campus beautification, nursery raising, and management. Topics covered included the importance of green spaces, plant selection criteria, soil preparation techniques, pest and disease management, and sustainable cultivation practices.



Practical Sessions: Following the theoretical sessions, practical sessions were held to provide participants with hands-on experience and skills training. During these sessions, participants actively engaged in activities such as potting, seed sowing, transplanting, pruning, and watering under the guidance of experienced instructors. These practical sessions allowed participants to apply the concepts learned and gain proficiency in nursery management and plantation techniques.







Interactive Discussions: Throughout the workshop, interactive discussions were encouraged, allowing participants to ask questions, share experiences, and exchange ideas with the facilitators and fellow participants. These discussions provided a platform for clarifying doubts, exploring innovative approaches, and learning from real-world examples, thereby enriching the learning experience and fostering a collaborative learning environment.

NSS Unit Involvement: A dedicated session focused on the involvement of the NSS unit in campus plantation and plant distribution was conducted. Participants learned about the role of NSS volunteers in organizing plantation drives, maintaining green spaces, and distributing saplings to promote environmental sustainability and community engagement. The session highlighted the importance of active participation of students



Entrepreneurship Opportunities: A session entrepreneurship opportunities on through nursery raising and management was organized, emphasizing the potential for rural youth to generate income and employment through small-scale nursery enterprises. Participants learned about market opportunities, business planning, financial management, and government support schemes available for aspiring entrepreneurs in the agriculture sector. The session aimed to inspire participants to explore entrepreneurship as a means of livelihood and rural development.

Conclusion:

The workshop provided participants with a holistic learning experience, combining theoretical knowledge with practical skills training and fostering a deeper understanding of the significance of campus beautification, nursery raising, and entrepreneurship in promoting environmental sustainability and rural development.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

Swami Vivekananda University

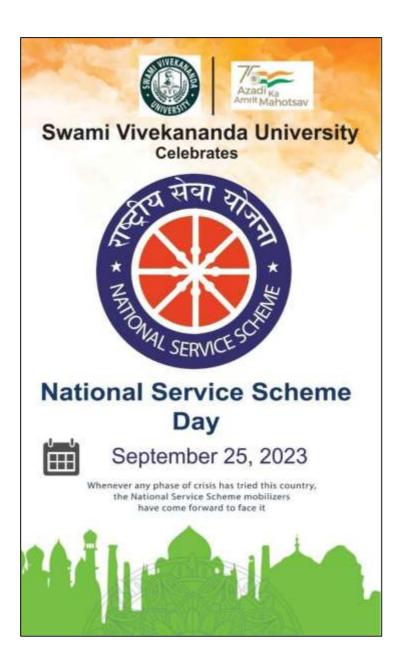
Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report on NSS Day Celebration at Swami Vivekananda University

Date: September 25, 2023

Venue: Swami Vivekananda University Organized by: NSS Unit



Introduction:

The NSS Unit of Swami Vivekananda University celebrated NSS Day with great enthusiasm and fervour on September 25, 2023. The occasion marked a significant milestone in promoting community service, fostering social responsibility, and instilling the spirit of volunteerism among students and NSS volunteers.

Event Highlights:

The celebration encompassed a series of engaging activities and events, aimed at spreading awareness and reinforcing the values upheld by the NSS. Some of the key highlights of the event include:



1. Cultural Performances: The day commenced with vibrant cultural performances by students and NSS volunteers. The stage came alive with music, dance, and theatrical performances, showcasing the diverse talents and cultural heritage of our university community. The performances not only entertained but also inspired the audience, reinforcing the message of unity in diversity.



2.Speech by NSS Coordinator: Mr. Soumya Ghosh, the esteemed NSS Coordinator, delivered an insightful speech, emphasizing the significance of NSS in shaping responsible citizens and bringing about positive social change. He highlighted the remarkable contributions of NSS volunteers in various community service initiatives and encouraged students to actively participate in volunteer activities to make a meaningful difference in society.

3.Cake Cutting Ceremony: A joyous cake cutting ceremony added a festive touch to the celebration, symbolizing the unity and camaraderie among the NSS members and students. It

served as a moment of celebration and reflection, commemorating the collective efforts and achievements of the NSS unit in promoting social welfare and humanitarian values.

4. Interactive Sessions: The event also featured interactive sessions, providing an opportunity for students to engage in discussions and exchange ideas on pertinent social issues. These sessions facilitated meaningful dialogue and encouraged students to brainstorm innovative solutions to address societal challenges, fostering a culture of social responsibility and activism.



Conclusion:

The NSS Day celebration at Swami Vivekananda University was a resounding success, encapsulating the spirit of service and selflessness advocated by NSS. Through a diverse range of activities and events, the occasion not only celebrated the achievements of the NSS unit but also reaffirmed our commitment to serving the community and making a positive impact on society. As we look ahead, let us continue to uphold the values of volunteerism and compassion, embodying the true essence of NSS in our endeavors towards a better and more inclusive world.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

Mr. Soumya Ghosh

Program Co-ordinator

NSS Unit

Report on Program on Plastic-Free Campus and Rural Waste Management

Date: 25-09-2023

Organized by: NSS Unit of Swami Vivekananda University



Introduction:

The NSS Unit of Swami Vivekananda University orchestrated a comprehensive program on "Plastic-Free Campus and Rural Waste Management" on September 25, 2023, as part of the Swachhata Hi Seva campaign. This initiative aimed to address the pressing issue of plastic pollution and promote sustainable waste management practices, with a special focus on rural areas.

Event Highlights:

Awareness Session: The program commenced with an enlightening awareness session led by experts in environmental conservation and waste management. Participants were enlightened about the detrimental impact of single-use plastics on the environment and were encouraged to embrace eco-friendly alternatives. Strategies for effective waste segregation and

management were discussed, emphasizing the need for collective action to combat plastic pollution and maintain cleanliness.



Campus Clean-Up Drive: Following the awareness session, volunteers from the NSS Unit, alongside students and faculty members, actively engaged in a campus clean-up drive. Equipped with gloves and biodegradable bags, they meticulously cleared litter and plastic waste from various corners of the university campus. The clean-up drive served as a tangible demonstration of the importance of preserving a plastic-free environment and instilled a sense of responsibility among participants towards maintaining cleanliness.

Rural Waste Management Workshop: The focal point of the program was a comprehensive workshop on rural waste management. Led by experts in the field, the workshop delved into practical solutions for addressing waste challenges in rural communities. Participants learned about innovative composting techniques, the significance of recycling, and the establishment of decentralized waste management systems tailored to rural settings. Case studies and success stories were shared to inspire participants and empower them with actionable insights to tackle waste issues at the grassroots level effectively.



Distribution of **Eco-Friendly Alternatives:** As part of the initiative to promote sustainable living, eco-friendly alternatives to single-use plastics, such as cloth bags and metal straws, were distributed among participants. This gesture aimed to encourage the adoption of eco-conscious habits and reduce reliance on plastic products in everyday life.

Community Outreach: In addition to the on-campus activities, the NSS Unit conducted extensive community outreach programs in neighboring villages. Volunteers engaged with local residents to raise awareness about plastic pollution and advocate for responsible waste disposal practices. Interactive sessions and practical demonstrations were conducted to foster community participation in maintaining clean and plastic-free environments.

Conclusion:

The program on Plastic-Free Campus and Rural Waste Management, organized by the NSS Unit of Swami Vivekananda University, was a commendable endeavor towards promoting environmental sustainability and community empowerment. Through a combination of awareness sessions, clean-up drives, workshops, and community outreach initiatives, the program succeeded in fostering a culture of environmental stewardship and civic responsibility. By equipping participants with the knowledge and tools to address waste challenges effectively, the event contributed significantly to the overarching goal of building cleaner, greener, and more resilient communities.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

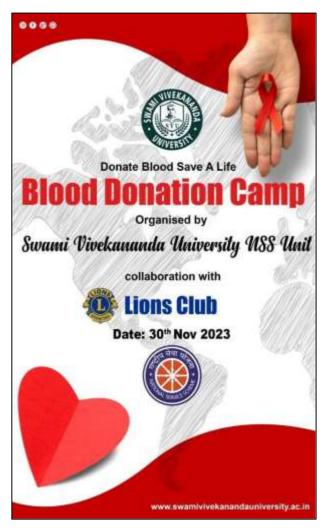
Mr. Soumya Ghosh Program
Co-ordinator NSS Unit

Report on Blood Donation Camp Organized by NSS Unit of Swami Vivekananda University and Lions Club

Date: 30/11/24

Venue: Swami Vivekananda University Campus Organizers: NSS

Unit of Swami Vivekananda University and Lions Club



Event Overview:

On the 30th of November 2024, the NSS Unit of Swami Vivekananda University, in collaboration with the Lions Club, orchestrated a commendable initiative by organizing a blood donation camp. The event aimed to address the critical need for blood donations and promote a culture of voluntary blood donation within the university community and beyond.

Key Highlights:

Setup and Infrastructure: The blood donation camp was meticulously organized, with designated areas set up for registration, medical screening, and blood collection. Adequate arrangements were made to ensure the comfort and safety of donors throughout the process.

Promotional Campaign: Prior to the event, a robust promotional campaign was conducted to raise awareness and encourage participation. Posters, flyers, and social media announcements effectively conveyed the importance of blood donation and the impact it can have on saving lives.

Volunteer Engagement: NSS volunteers, along with members of the Lions Club, played a pivotal role in managing the various aspects of the blood donation camp. Their dedication and enthusiasm were instrumental in ensuring the smooth execution of the event, from registration to post-donation care.

Medical Screening: Qualified medical professionals conducted thorough health screenings of prospective donors to ensure their eligibility for blood donation. This step was crucial in safeguarding both the donors' well-being and the recipients' safety.



Blood Donation Process: Donors, comprising students, faculty, staff, and members of the local community, enthusiastically participated in the blood donation drive. Their altruistic

contributions underscored the spirit of compassion and solidarity, with each donation

holding the potential to save multiple lives.

Post-Donation Care: Following their donation, donors received refreshments and were

advised to rest for a brief period to replenish their energy. Medical staff provided guidance

on post-donation care to ensure donors' well-being.

Impact and Conclusion:

The blood donation camp organized by the NSS Unit of Swami Vivekananda University and

Lions Club made a significant impact by addressing the constant need for blood and promoting the noble cause of voluntary blood donation. Through collective effort and

community participation, numerous units of blood were collected, potentially impacting the

lives of those in need of critical medical care.

The event served as a poignant reminder of the importance of altruism and solidarity

in serving the greater good. By fostering a culture of compassion and philanthropy, the blood donation camp exemplified the university's commitment to social responsibility

and humanitarian values. The organizers express their heartfelt gratitude to all

donors, volunteers, and supporters who contributed to the success of the event,

reaffirming the belief that together, we can make a positive difference in the lives of others.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report on Free Health Checkup Camp Organized by NSS Unit of Swami Vivekananda University and Desun Hospital

Date: 14/12/24

Venue: Swami Vivekananda University Campus

Organizers: NSS Unit of Swami Vivekananda University and Desun



Event Overview:

On the 14th of December 2024, the NSS Unit of Swami Vivekananda University, in collaboration with Desun Hospital, hosted a commendable initiative - a Free Health Checkup Camp. This joint effort aimed not only to provide vital community service but also to promote well-beingness for all members of the community.

Key Highlights:

Comprehensive Health Assessments: The camp offered a wide range of health checkup services, encompassing vital parameters such as blood pressure, blood sugar levels, cholesterol levels, BMI (Body Mass Index), and basic medical consultations. Qualified medical professionals from Desun Hospital conducted thorough assessments to ensure participants received accurate evaluations of their health status.

Accessibility and Inclusivity: The event prioritized accessibility and inclusivity, welcoming individuals from all walks of life to avail themselves of the healthcare services provided. The organizers ensured that the camp was easily accessible to the local community, thereby breaking down barriers to healthcare access and addressing disparities in healthcare provision.

Health Education and Awareness: In addition to offering health checkups, the camp also served as a platform for health education and awareness. Participants received valuable insights into preventive healthcare lifestyle modifications, measures, disease management strategies from healthcare professionals. educational sessions empowered attendees to take proactive steps towards improving their health and well-being.



Collaborative Efforts: The successful execution of the health checkup camp was made possible through the collaborative efforts of the NSS Unit of Swami Vivekananda University and Desun Hospital. Both organizations worked seamlessly together to coordinate logistics, recruit medical personnel, and ensure the smooth functioning of the camp.

Community Impact: The initiative made a significant impact on the community by addressing healthcare needs and promoting a culture of preventive healthcare. By offering free health checkups and medical consultations, the camp contributed to early detection of health issues and facilitated timely interventions, ultimately enhancing the overall well-being of participants.

Conclusion:

The Free Health Checkup Camp organized jointly by the NSS Unit of Swami Vivekananda University and Desun Hospital exemplifies the power of collaborative efforts in fostering community health and well-being. By providing accessible healthcare services and promoting health education, the camp not only addressed immediate healthcare needs but also laid the foundation for a healthier and more resilient community. Such initiatives underscore the importance of proactive engagement in community service and exemplify the values of compassion, inclusivity, and social responsibility upheld by both organizations. Moving forward, it is imperative to sustain and expand such endeavors to ensure continued support for the health and well-being of all members of the community.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

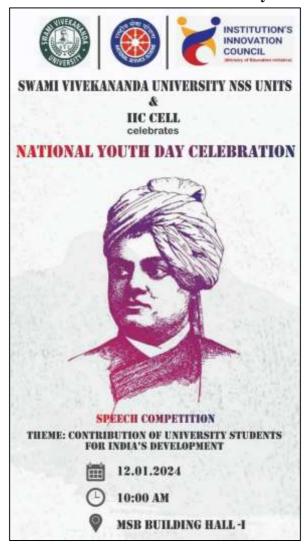
Report on Speech Competition on National Youth Day Date: 12/01/24

Time: 10:00 am onwards Venue: MSB Building Hall 1

Theme: Contribution of University Students for India's

Development Organized by: NSS Unit and IIC Cell of Swami

Vivekananda University



Introduction:

On January 12, 2024, Swami Vivekananda University's NSS Unit and IIC Cell organized a Speech Competition on the occasion of National Youth Day. The event aimed to provide a platform for university students to express their thoughts and ideas on the theme "Contribution of University Students for India's Development." The competition took place at MSB Building Hall 1 and witnessed enthusiastic participation from students eager to contribute to the discourse on national development.

Event Highlights:

Inauguration: The program commenced with an inaugural ceremony graced by the esteemed presence of the General Manager and Registrar of the university. Both dignitaries delivered inspiring speeches emphasizing the pivotal role of youth in shaping the future of the nation. Their words resonated with the audience, instilling a sense of purpose and responsibility among the participants.



Speech by NSS Unit Coordinator: The Program Coordinator of the NSS Unit delivered a poignant speech, highlighting the importance of youth engagement in nation-building endeavors. He underscored the significance of harnessing the energy and creativity of university students to drive socio-economic development and bring about positive change in society.

Student Speeches: Following the inaugural speeches, students took to the stage to deliver their orations on the theme of India's development. Participants showcased their eloquence and passion as they articulated their perspectives on various aspects of national progress, including education, healthcare, technology, and sustainable development. The speeches were well-researched and thought-provoking, reflecting the students' commitment to contributing meaningfully to the nation's growth trajectory.



Judging Panel: A panel of esteemed judges, comprising faculty members and distinguished guests, evaluated the speeches based on criteria such as content, delivery, and relevance to the theme. The judges' expertise and impartiality ensured fair evaluation and provided constructive feedback to the participants, fostering a conducive environment for learning and growth.

Conclusion:

The Speech Competition on National Youth Day served as a platform for university students to engage in meaningful dialogue on the theme of India's development. Through eloquent speeches and thoughtful reflections, participants demonstrated their eagerness to contribute to the nation's progress and shape a brighter future for generations to come. The event underscored the importance of youth empowerment and active citizenship in driving socio- economic transformation, aligning with the vision of Swami Vivekananda University to nurture socially responsible leaders and change-makers.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report on Independence Day Celebration at Swami Vivekananda University

Date: 15/08/2024

Venue: Swami Vivekananda University Campus Organizers: NSS Unit of Swami Vivekananda University



Event Overview:

On the auspicious occasion of India's 78th Independence Day, Swami Vivekananda University's NSS Unit orchestrated a spirited celebration on 15th August 2024. The event, held at the university campus, was a vibrant tribute to the nation's freedom, marked by a series of patriotic activities and cultural performances.



Key Highlights:

Flag Hoisting Ceremony by the Vice-Chancellor: The festivities commenced with a solemn flag hoisting ceremony, graced by the presence of the esteemed Vice-Chancellor. With utmost reverence, the national flag was unfurled, symbolizing the indomitable spirit of freedom and unity that defines India.





Parade Displaying Patriotism: Following the flag hoisting, a stirring parade unfolded, showcasing the disciplined march of NSS volunteers and other participants. Draped in traditional attire and adorned with the tricolor, the parade exemplified the unwavering patriotism and solidarity of the university community.





Cultural Extravaganza: The celebration continued with a vibrant cultural program, featuring captivating performances by NSS volunteers and talented students. From soul-stirring patriotic songs to energetic dance routines, each presentation resonated with the essence of India's rich cultural heritage and fervent nationalism.









Inspirational Speeches: Distinguished speakers, including university officials and faculty members, delivered inspiring speeches reflecting on the significance of Independence Day. They paid homage to the sacrifices of freedom fighters and emphasized the importance of preserving the values of democracy, diversity, and unity.





Conclusion:

The Independence Day celebration at Swami Vivekananda University was a stirring tribute to India's glorious legacy of freedom and resilience. With the Vice-Chancellor's dignified flag hoisting, the spirited parade, cultural performances, inspirational speeches, and community service endeavors, the event encapsulated the essence of patriotism and social responsibility. As the university community came together to honor the nation's independence, the event served as a poignant reminder of India's past struggles and aspirations for a brighter future. Through collective endeavor and unwavering commitment, Swami Vivekananda University reaffirmed its dedication to fostering a harmonious society rooted in the principles of liberty, equality, and fraternity.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

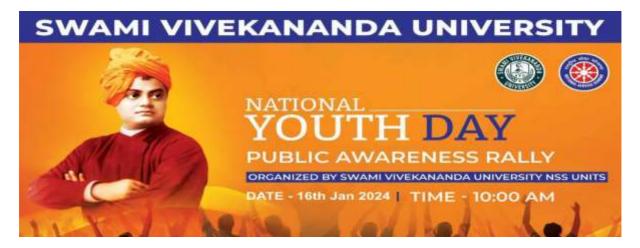
Swami Vivekananda university

Report on National Youth Day Public Awareness Rally

Date: 16/01/2024

Event: National Youth Day Public Awareness Rally

Organizer: NSS Unit of Swami Vivekananda University



Objective:

The NSS Unit of Swami Vivekananda University organized a Public Awareness Rally on National Youth Day, commemorating the birth anniversary of Swami Vivekananda, on January 16, 2024. The rally aimed to celebrate the ideals and contributions of youth towards nation-building while raising awareness on pertinent social issues.

Key Highlights:

Flag-off Ceremony: The rally commenced with a flag-off ceremony attended by university officials, faculty members, and NSS volunteers. The flag-off symbolized the commencement of the rally and the collective commitment to spreading awareness and fostering positive change.

Route and Participants: The rally followed a designated route through prominent thoroughfares and local communities, maximizing visibility and outreach. NSS volunteers, students, and members of the local community participated enthusiastically, carrying banners, placards, and posters with messages promoting social awareness and youth empowerment.

Awareness Campaigns: Along the rally route, participants conducted awareness campaigns on various social issues such as education, environmental conservation, health, and civic engagement. Through engaging interactions and distribution of informational materials, the rally aimed to inspire individuals to take action and contribute towards building a better society.



Cultural Performances: The rally featured cultural performances showcasing the talents and creativity of youth. Dance performances, skits, and street plays were staged at strategic locations to attract attention and convey important messages on themes like social harmony, unity, and empowerment.



Community Engagement: The rally provided an opportunity for meaningful community engagement, fostering dialogue and collaboration between participants and local residents. Community leaders, NGOs, and stakeholders were invited to join the rally and share insights on addressing societal challenges and harnessing the potential of youth for positive change.

Conclusion:

The National Youth Day Public Awareness Rally organized by the NSS Unit of Swami Vivekananda University was a resounding success, encapsulating the spirit of youth activism and social responsibility. Through the rally, participants celebrated the ideals of Swami Vivekananda and reaffirmed their commitment to collective action and social transformation. By raising awareness on key social issues and fostering community engagement, the rally exemplified the power of youth in driving positive change and shaping the future of society. Moving forward, it is essential to build upon the momentum generated by the rally and continue harnessing the energy and enthusiasm of youth towards building a more inclusive, equitable, and sustainable world.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

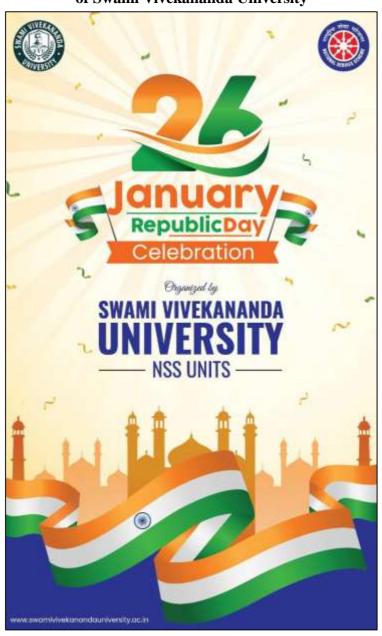
Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report on Republic Day Celebration at Swami Vivekananda University

Date: 26/01/2024

Venue: Swami Vivekananda University Campus Organizers: NSS Unit of Swami Vivekananda University



Event Overview:

On the auspicious occasion of India's 75th Republic Day, the NSS Unit of Swami Vivekananda University orchestrated a spirited celebration on 26th January 2024. The event, held at the university campus, was a vibrant tribute to the nation's sovereignty, marked by a series of patriotic activities and cultural performances.

Key Highlights:

Flag Hoisting Ceremony by the Vice-Chancellor: The festivities commenced with a dignified flag hoisting ceremony, graced by the esteemed presence of the Vice-Chancellor. With utmost reverence, the national flag was unfurled, symbolizing the spirit of unity, diversity, and democracy enshrined in the Indian Constitution.







Parade Displaying Patriotism: Following the flag hoisting, a stirring parade unfolded, showcasing the disciplined march of NSS volunteers and other participants. Draped in the colours of the tricolour, the parade exemplified the unwavering patriotism and solidarity of the university community, paying homage to the ideals of the republic.

Cultural Extravaganza: The celebration continued with a vibrant cultural program, featuring captivating performances by NSS volunteers and talented students. From patriotic songs that echoed the struggles and triumphs of the nation to dynamic dance routines depicting India's cultural diversity, each presentation resonated with the spirit of the republic.

Inspirational Speeches: Distinguished speakers, including university officials and faculty members, delivered inspiring speeches reflecting on the significance of Republic Day. They underscored the importance of upholding the principles of justice, liberty, equality, and fraternity, as enshrined in the preamble of the Indian Constitution.



Community Service Initiatives: In alignment with the ethos of service, the NSS Unit organized various community outreach programs as part of the Republic Day celebrations. Activities such as cleanliness drives, awareness campaigns on civil rights and responsibilities, and skill development workshops reinforced the university's commitment to nation-building and societal progress.

Conclusion:

The Republic Day celebration at Swami Vivekananda University was a poignant reminder of India's journey towards freedom, democracy, and inclusive development. Through the dignified flag hoisting, spirited parade, cultural performances, inspirational speeches, and community service endeavours, the event encapsulated the essence of patriotism and civic engagement. As the university community came together to honour the ideals of the republic, the event served as a reaffirmation of India's democratic values and collective aspirations for a brighter future. Swami Vivekananda University, through its commitment to fostering responsible citizenship and social empowerment, reiterated its role in advancing the nation's progress and prosperity.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

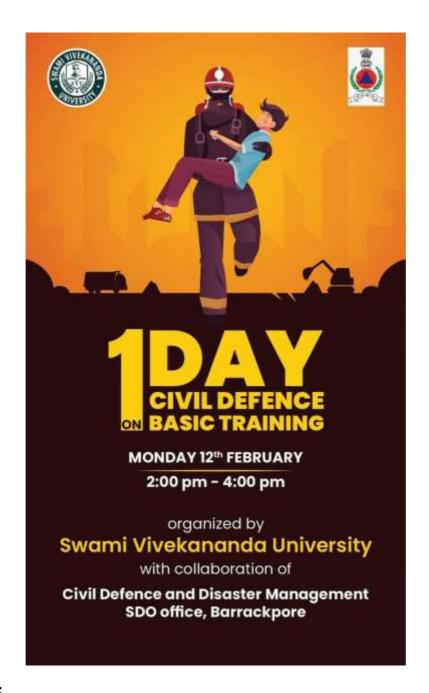
Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report: Civil Defence Basic Training Program

Date: 12/02/24



Introduction:

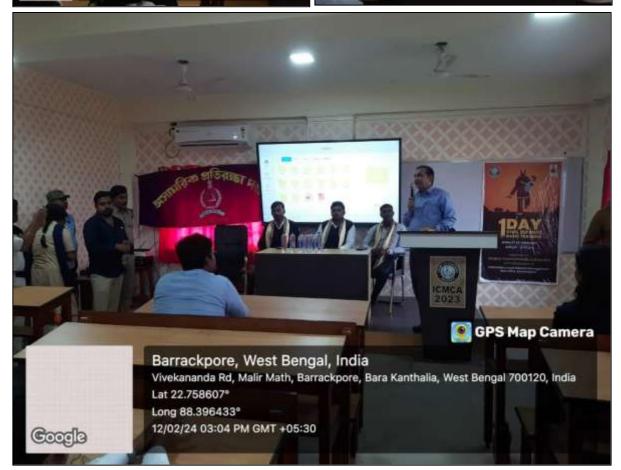
On the 12th of February 2024, the National Service Scheme (NSS) unit of Swami Vivekananda University, in collaboration with the Civil defence and Disasters Management and the Sub-Divisional Officer (SDO) office Barrackpore, organized a Civil defence Basic Training Program. The event aimed to equip participants with essential skills and knowledge to respond effectively to emergencies and disasters.











Objective:

The primary objective of the Civil defence Basic Training Program was to enhance the preparedness of individuals in dealing with various emergency situations, including natural disasters, man-made disasters, and other emergencies.

Participants:

The program saw participation from a diverse group of individuals, including students, faculty members, administrative staff, and members of the local community. The participants demonstrated a keen interest in learning about disaster management and actively engaged in the training activities.





Activities:

The training program comprised a series of interactive sessions, workshops, and practical demonstrations conducted by experts in the field of disaster management. Some of the key activities included:

Introduction to Civil defence: The program commenced with an overview of civil defence and its significance in mitigating the impact of disasters.





Emergency Preparedness: Participants received training on developing emergency plans, identifying potential hazards, and taking preventive measures to minimize risks.



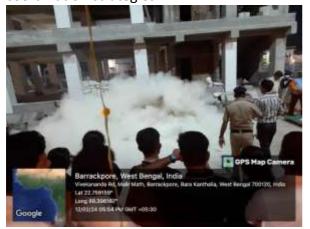


First Aid Training: Experts provided comprehensive first aid training, covering essential techniques for providing immediate medical assistance during emergencies.





Search and Rescue Techniques: Practical demonstrations were conducted to familiarize participants with search and rescue techniques, including handling of equipment and coordination strategies.





Fire Safety and Evacuation Procedures: Participants learned about fire safety measures, evacuation procedures, and the use of firefighting equipment to effectively respond to fire incidents.





Conclusion:

The Civil Defense Basic Training Program organized by the NSS unit of Swami Vivekananda University, in collaboration with Civil Defense and Disasters Management and SDO office Barrackpore, was a resounding success. The program not only equipped participants with valuable knowledge and skills but also fostered a sense of community resilience and preparedness in dealing with emergencies and disasters. Such initiatives play a crucial role in building safer and more resilient communities.





Acknowledgments:

We extend our heartfelt gratitude to all the organizers, trainers, and participants who contributed to the success of the Civil Defence Basic Training Program. Special thanks to the Civil Defence and Disasters Management and SDO office Barrackpore for their invaluable support and collaboration.

Mr. Sayan Paul Program

Officer NSS, 1st Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program
Co-ordinator NSS Unit

Report on One Day Webinar on "Food-Plant-Health" Date: 12/02/24

Organizers: NSS Unit of Swami Vivekananda University and Vegan Outreach



Event Overview:

The NSS Unit of Swami Vivekananda University in collaboration with Vegan Outreach successfully organized a one-day webinar titled "Food-Plant-Health" on 12th February 2024. The webinar aimed to shed light on the interconnection between food choices, plant-based diets, and individual health, with a particular focus on the ethical aspects of food consumption.

Speaker:

The keynote speaker for the webinar was Sarani Bhattacharya from Vegan Outreach. Vegan Outreach, a 501c3 nonprofit organization dedicated to ending violence towards animals, is renowned for its advocacy for plant-based diets and ethical living.

Key Highlights:

Introduction to Veganism: Sarani Bhattacharya provided an insightful introduction to the concept of veganism, emphasizing its core principles of compassion towards animals and the environment. She elucidated how veganism extends beyond dietary choices to encompass a lifestyle aimed at reducing harm to animals and promoting sustainability.

Health Benefits of Plant-Based Diets: The webinar delved into the numerous health benefits associated with plant-based diets. Sarani Bhattacharya elucidated how a diet rich in fruits, vegetables, grains, and legumes can lower the risk of chronic diseases such as heart disease, diabetes, and certain cancers. Attendees gained valuable insights into the nutritional adequacy of plant-based diets and how they can contribute to overall well-being.

habits and explore alternatives that align with their values.







Ethical Considerations: A significant portion of the webinar was dedicated to discussing the ethical implications of food choices. Sarani Bhattacharya highlighted the inherent cruelty involved in animal agriculture and emphasized the importance of adopting a cruelty-free lifestyle. Attendees were encouraged to reflect on the ethical dimensions of their dietary

Interactive Session: The webinar featured an interactive session where attendees had the opportunity to engage with the speaker and ask questions. This segment facilitated meaningful discussions on various aspects of veganism, including practical tips for transitioning plant-based diet, addressing common





Call to Action: The webinar concluded with a compelling call to action, urging attendees to consider the profound impact of their food choices on animals, the environment, and their own health. Participants were encouraged to explore resources provided by Vegan Outreach and embark on their journey towards a more compassionate and sustainable lifestyle.



Conclusion:

Plant-Health" organized by the NSS Unit sity and Vegan Outreach

insightful presentations and ideeper understanding of the intediets, and individual health. T



webinar served as a catalyst for promoting awareness about veganism and encouraging attendees to make informed choices that are not only beneficial for their health but also align with ethical values of compassion and sustainability.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

Swami Vivekananda University

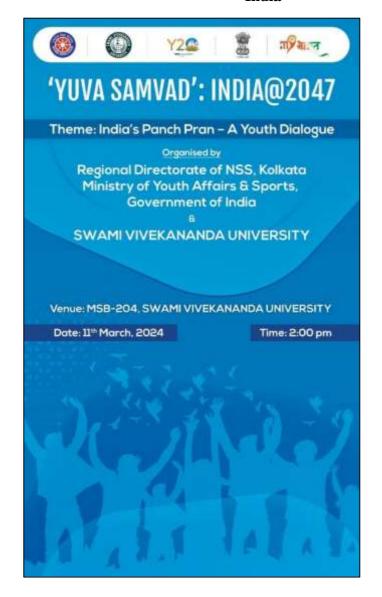
Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

Report on Yuva Samvad – India @2047 Date: March 11, 2024

Time: 02:00 pm onwards Venue: MSB Block, Room No.: 204

Organized by: NSS Team of Swami Vivekananda University in collaboration with Regional Directorate of NSS, Kolkata and Ministry of Youth Affairs & Sports, Government of India



Introduction:

The NSS Team of Swami Vivekananda University, in collaboration with the Regional Directorate of NSS, Kolkata, and the Ministry of Youth Affairs & Sports, Government of India, proudly organized "Yuva Samvad – India @2047" on March 11, 2024. The event, held at MSB Block, Room No.: 204, aimed to provide a platform for youth dialogue on the theme "India's Panch Pran – A Youth Dialogue," envisioning the nation's progress towards 2047.

Event Overview:

Inaugural Session: The program commenced with a solemn inaugural session, marked by the lighting of the lamp and the rendition of the national anthem. Distinguished guests, including officials from the Regional Directorate of NSS and Ministry of Youth Affairs & Sports, graced the occasion with their presence. The inaugural address emphasized the significance of youth engagement in shaping the future of the nation and fostering a sense of collective responsibility towards nation-building.

Session 1: Expert Talk on Panch Pran: This session featured insightful talks by experts on the five pillars of "India's Panch Pran" - Goal of developed India, Removal of any trace of slavery or colonial mindset, Pride in our heritage & legacy, Unity & solidarity, and Sense of duty among citizens. The experts elaborated on each theme, offering valuable insights and perspectives to inspire the youth audience.

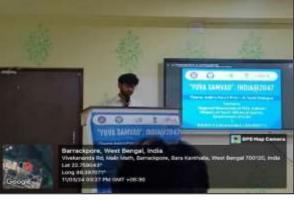


Session 2: Yuva Vichar Manch (Youth Ideas Forum): In this session, thirty shortlisted speakers had the opportunity to present their vision and ideas before a panel of judges and the audience. The speakers passionately articulated their thoughts on the given topics,

showcasing their creativity, analytical thinking, and commitment to India's progress. The presentations were followed by a lively discussion, wherein participants engaged in constructive dialogue and exchanged diverse viewpoints.







Session 3: Yuva Samvad (Youth Dialogue): The highlight of the event was the Yuva Samvad, where the winners of the pitching competition had the privilege to speak before VIPs and dignitaries. Their speeches resonated with passion and conviction, addressing pressing issues facing the nation and offering innovative solutions. Following the speeches, participants had the opportunity to interact with youth icons and engage in an open house discussion, fostering meaningful exchanges and collaborative efforts towards nation-building.





Conclusion:

"Yuva Samvad – India @2047" was a resounding success, bringing together youth from diverse backgrounds to engage in a dialogue on India's future. The event served as a catalyst for inspiration, empowerment, and collaboration, reaffirming the commitment of youth towards realizing the vision of a developed, inclusive, and prosperous India by 2047. The NSS Team of Swami Vivekananda University extends heartfelt gratitude to all participants, organizers, and supporters for their invaluable contributions to making the event a grand success.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program

Co-ordinator NSS Unit

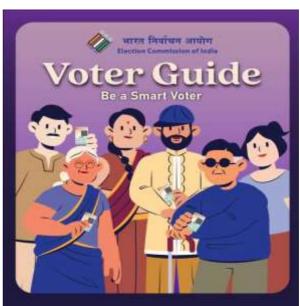
Report on Election Awareness Program by NSS Unit of Swami Vivekananda University

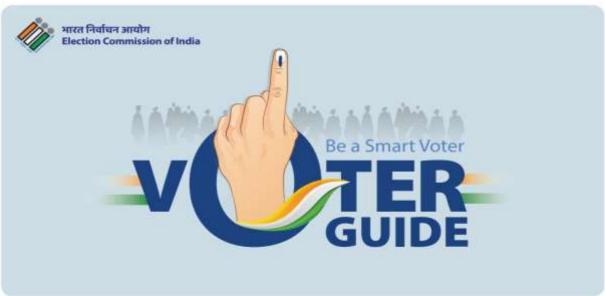
Date: March 30, 2024

Event: Election Awareness Program Organizer: NSS Unit of Swami

Vivekananda University







Objective:

The NSS Unit of Swami Vivekananda University organized an Election Awareness Program on March 30, 2024, with the aim of fostering awareness about the voting process and the significance of exercising our democratic right. Under the slogan "I am a smart voter, I vote

for sure," the program sought to educate students and the community on essential aspects of participating in the electoral process.

Key Highlights:

Educational Sessions: The program comprised educational sessions conducted by experts in the field of democracy and governance. These sessions provided attendees with comprehensive insights into the electoral process, including voter registration, polling procedures, and the importance of informed decision-making.

Interactive Workshops: Interactive workshops were organized to engage participants actively in learning about their rights and responsibilities as voters. Through group discussions, role-plays, and simulations, attendees gained practical knowledge on how to navigate the electoral system and make informed choices during elections.

Campaign Materials: The NSS Unit distributed campaign materials such as pamphlets, brochures, and posters featuring information on voter registration deadlines, polling locations, and key election dates. These materials served as valuable



Guest Speakers: Eminent personalities and political leaders were invited to address the audience and share their insights on the importance of active citizenship and political participation. Their speeches inspired attendees to recognize the power of their vote in shaping the future of the nation.

Mock Voting Exercise: A mock voting exercise was conducted to provide participants with a hands-on experience of the voting process. Through this simulation, attendees familiarized

themselves with the ballot casting procedure, ballot counting, and the overall conduct of elections.

Conclusion:

The Election Awareness Program organized by the NSS Unit of Swami Vivekananda University served as an invaluable initiative to promote civic engagement and democratic participation among students and the community. By disseminating information about the voting process and encouraging active involvement in elections, the program empowered individuals to exercise their fundamental right to vote responsibly. Moving forward, it is essential to continue organizing such awareness campaigns to foster a culture of electoral literacy and ensure widespread participation in the democratic process. As responsible citizens, it is imperative that we uphold the principles of democracy by making informed decisions at the ballot box.

Mr. Titas Kumar Nag Program

Officer NSS, 2nd Unit

Swami Vivekananda University

Mr. Soumya Ghosh Program
Co-ordinator NSS Unit
Swami Vivekananda university